

Breakfast September 2026

Monday	Tuesday	Wednesday	Thursday	Friday
MLS PLYMOUTH PD WEEK FOR STAFF				
31	1	2	3	4
★ LABOR DAY ★ ★★★★ DAY ★★★★★ NO SCHOOL	Warm WG Bagels w/Cream Cheese or Cereal Breakfast 	Yogurt Parfait or Cereal Breakfast	WG French Toast w/Syrup or Cereal Breakfast	WG Cherry Strudel or Cereal Breakfast
7	8	9	10	11
Warm WG Muffins w/Cheese Stick or Cereal Breakfast	Warm WG Bagels w/Cream Cheese or Cereal Breakfast	Warm WG Biscuits w/Jelly or Cereal Breakfast	WG Waffles w/Syrup or Cereal Breakfast	WG Chocolate Crescent Roll or Cereal Breakfast
14	15	16	17	18
 Yom Kippur Holiday NO SCHOOL	Warm WG Bagels w/Cream Cheese or Cereal Breakfast	Yogurt Cup w/Graham Crackers or Cereal Breakfast	WG French Toast w/Syrup or Cereal Breakfast	WG Apple Strudel or Cereal Breakfast
21	22	23	24	25
Warm WG Muffins w/Cheese Stick or Cereal Breakfast	Warm WG Bagels w/Cream Cheese or Cereal Breakfast	WG Mini Pancakes or Cereal Breakfast	Breakfast is available at No Cost! Students can select a hot or cold breakfast. All Breakfasts will include two servings of fruit and one serving of milk.	
28	29	30		



Lunch September 2026

Monday	Tuesday	Wednesday	Thursday	Friday
MLS PLYMOUTH PD WEEK FOR STAFF				
31	1	2	3	4
★ LABOR ★ ★★★ DAY ★★★ NO SCHOOL	Cheeseburger on WG Roll Lettuce & Tomato, Baby Carrots French Fries Pineapple Cup, Fresh Fruit Choice of Milk	Soft Shell Tacos w/Beef Corn, Refried Beans, Baby Carrots Peach Cup, Fresh Fruit Choice of Milk	Bosco Cheesy Bread Sticks w/Dipping Sauce Green Beans, Baby Carrots Pear Cup, Fresh Fruit Choice of Milk	Mini Corn Dogs Tater Tots, Baby Carrots Mixed Fruit Cup, Fresh Fruit Choice of Milk
7	8	9	10	11
Hot Turkey & Cheese Sandwich on WG Sliced Bread Lettuce & Tomato, Coleslaw Applesauce Cup Milk, Condiments	Grilled Chicken Sandwich Lettuce & Tomato, Potato Salad, Baby Carrots Pineapple Cup, Fresh Fruit Choice of Milk	Shepherd's Pie (Mashed Potatoes w/Beef) WG Dinner Roll Steamed Broccoli, Baby Carrots Peach Cup, Fresh Fruit Choice of Milk	WG Cheese Pizza Caesar Salad, Baby Carrots Pear Cup, Fresh Fruit Choice of Milk	General Tso's Chicken Vegetable Fried Rice Steamed Broccoli, Baby Carrots Mixed Fruit Cup Choice of Milk
14	15	16	17	18
Yom Kippur Holiday NO SCHOOL	Buffalo Chicken Quesadilla Steamed Carrots, Celery Sticks Pineapple Cup, Fresh Fruit Choice of Milk	Bistro Grilled Cheese Sandwich Steamed Broccoli, Baby Carrots Peach Cup, Fresh Fruit Choice of Milk	Pizza Crunchers w/Dipping Sauce Caesar Salad, Baby Carrots Pear Cup, Fresh Fruit Choice of Milk	Burrito Bowl (Rice, Black Beans, Choice of Chicken or Beef) Lettuce/Tomato, Corn Mixed Fruit Cup, Fresh Fruit Choice of Milk
21	22	23	24	25
Chicken Nuggets w/Dinner Roll Green Beans, Baby Carrots Applesauce Cup & Choice of Fresh Fruit Milk & Condiments	Spaghetti and Meatballs w/Garlic Toast Corn, Baby Carrots Pineapple Cup, Fresh Fruit Choice of Milk	Breaded Chicken Sandwich on WG Roll, Tater Tots, Baby Carrots Peach Cup, Fresh Fruit Choice of Milk	Lunch is provided at No Cost to Students! Choice of One (1) Hot or Cold Entree, Selection of Fruit(s), Vegetables & Milk available. *Grains offered are WG Daily Cold Entree Selections: Turkey Hoagie, Turkey Wrap, Sunbutter & Jelly Sandwich	
28	29	30		

